

DAILY SPECIALS

PLEASE SEE OUR SPECIALS BOARD OR ASK ONE OF OUR WAITERS

SQ

STARTERS

BEEF PREGO 150g Mature rump, pan-fried in Vasco's trinchado sauce	R110
200g CHORIZO Spicy smoked Portuguese sausage	R110
200g CHICKEN LIVERS Prepared traditionally - A Vasco favourite	R89
CHICKEN PREGO 150g Pan-fried chicken breast in Vasco's trinchado sauce	R90
PERI PERI CHICKEN WINGS Flame-grilled, and basted in our famous peri peri sauce	R100
BEEF TRINCHADO 150g Rump cubes, pan-fried in Vasco's trinchado sauce	R130
CHICKEN TRINCHADO 150g Chicken breast cubes, pan-fried in Vasco's trinchado sauce	R92
CHEESY GARLIC PRAWN TAILS In a creamy garlic and cheese sauce with a toasted Portuguese roll	R138
CALAMARI STRIPS Grilled or fried, served with homemade tartar sauce	R88
CALAMARI TENTACLES Fried and served with homemade tartar sauce	R100
MUSSEL POT Mussels in the shell, served in a creamy garlic sauce	R105
PORTUGUESE POPPERS Jalapenos stuffed with chorizo, cheddar, feta, and served with a creamy dipping sauce	R94
PORTUGUESE SARDINES Three pan-grilled sardines, served with roasted peppers, red onion, parsley, extra virgin olive oil, and a hint of garlic	R125
CRUMBED MUSHROOMS Deep-fried crumbed mushrooms, served with tartar sauce	R80



POULTRY MAINS

SERVED WITH CHIPS, RICE OR BABY POTATO OR MASH, SALAD OR VEG OF THE DAY

CHICKEN STRIPS 150g Panko crumbed and deep fried until golden brown	R120
CHICKEN TRINCHADO 250g Pan-fried chicken breast cubes with Vasco trinchado sauce	R120
CHICKEN ESPETADA 350g skewered chicken breast with garlic butter	R180
VASCO CHICKEN PERI PERI HALF - Flamed-grilled chicken (single portion) WHOLE - Flamed-grilled chicken (suitable for two people sharing)	R150 R289
DEBONED HALF - Flamed-grilled chicken with a creamy peri peri sauce	R190

MEAT MAINS

SERVED WITH CHIPS, RICE OR BABY POTATO OR MASH, SALAD OR VEG OF THE DAY

BEEF TRINCHADO 200g Rump cubes, pan-fried in Vasco's trinchado sauce	R205
RUMP STEAK 300g Matured grilled rump Add your choice of sauce	R215 R35
PORTUGUESE PEPPER FILLET Perfectly grilled and flambéed in brandy and served with pepper sauce	250g - R295
FILLET Succulent and tender fillet with our own homemade basting	250g - R275
ESPETADA GRANDE 350g Basted rump, traditionally spiced on a skewer with garlic butter	R245
VASCO PORTUGUESE STEAK 300g Matured rump with Vasco trinchado sauce, chorizo, topped with a fried egg, and served on a sizzling hot plate	R255
VASCO SPARE RIBS 600g juicy tender pork ribs, prepared with our secret sauce	R270
EISBEIN Crispy pork, served with chips, mash or sauerkraut - a Vasco classic	R222
BIFINHO 200g Sirloin steak, topped with a fried egg and Vasco trinchado sauce	R178

SEAFOOD MAINS

SERVED WITH CHIPS, RICE OR BABY POTATO OR MASH, SALAD OR VEG OF THE DAY

HAKE Fried or grilled, served with homemade tartar sauce	R178
CALAMARI STRIPS 250g Fried calamari strips, served with homemade tartar sauce	R165
BABY KINGKLIP Grilled on the bone in lemon butter sauce	SQ
SEAFOOD SNACK PAN Tentacles, calamari strips and two prawns	R243
SEAFOOD PLATTER (suitable for two people sharing) Selection of grilled hake, grilled prawns, mussels, calamari strips and tentacles	R390
VASCO PRAWNS Six prawns, flame-grilled with a choice of lemon and herb, peri peri, garlic or lemon butter	R250

COMBOS

A SELECTION OF OUR MOST POPULAR DISHES FOR YOU TO SHARE, SERVED WITH CHIPS, RICE OR BABY POTATO OR MASH, SALAD OR VEG OF THE DAY

150g Beef Trinchado with 150g Calamari strips	R190
150g Chicken Trinchado with 150g Calamari strips	R165
200g Hake with 150g Calamari strips	R195

LIGHTER GRILLS

SERVED WITH CHIPS, RICE OR BABY POTATO OR MASH, SALAD OR VEG OF THE DAY

BEEF PREGO 150g Mature rump, pan-fried in Vasco trinchado sauce	R145
CHICKEN PREGO 150g Pan-fried chicken breast in Vasco trinchado sauce, served on a Portuguese roll	R100
STEAK ROLL 200g Flame-grilled sirloin, with a BBQ basting, served on a Portuguese roll	R162
VASCO BURGER Homemade beef patty, topped with grilled chorizo slices, melted cheddar cheese, and Vasco onion rings	R150
CHEESE BURGER Homemade beef patty with melted cheddar cheese and Vasco onion rings	R120
GRILLED CHICKEN BURGER Chicken breast served on a roll with Vasco onion rings	R105

VEGETARIAN

SERVED WITH CHIPS, RICE OR BABY POTATO OR MASH, SALAD OR VEG OF THE DAY

VASCO VEGGIE BURGER Tasty burger packed with spicy flavours without the meat. A must for every vegetarian burger lover.	R190
VEGETARIAN LASAGNE Perfectly steamed vegetables on layers of pasta, smothered in a creamy cheese sauce	R155
VEGETARIAN AND GLUTEN FREE MOUSSAKA Slowly baked brinjals in a cheese covering infused with herbs and spices	R140

SALADS

PORTUGUESE SALAD Tomato, lettuce, cucumber, black olives, and onion	R20
GREEK SALAD Cucumber, red onion, tomato, black olives, and feta	R90
SPICY CHICKEN SALAD Spicy chicken, cucumber, red onion, tomato, lemon juice, & extra virgin olive oil Add Avo Add Feta Add Olives	R90 Each R20

SIDES

PORTUGUESE ROLLS	R9
MUSHROOM, CHEESE, PEPPER OR PERI PERI SAUCE	R35
SMALL CHIPS	R40
LARGE CHIPS	R55
SIDE VEG OF THE DAY	R45
SPINACH AND BUTTERNUT	R45
PORTUGUESE SIDE SALAD	R40
GREEK SIDE SALAD	R60
BABY POTATOES	R42
ONION RINGS	R38

DESSERTS

PASTEIS DE NATA A Portuguese pastry delicacy with cinnamon	R40
VANILLA ICE-CREAM & CHOCOLATE SAUCE	R60
MALVA PUDDING Sweet sponge pudding served with ice cream or cream	R60
BAKED CHEESECAKE A heavenly smooth cheesecake on a biscuit base served with ice cream or cream	R72



PLEASE NOTE

The management team would like you to know all prices are charged ZAR.
A service charge of 10% will be added to tables of 8 or more.

ALLERGEN WARNING

Please note that the food products prepared at this restaurant cannot be guaranteed to be free of allergens. The food products may contain traces of gluten, wheat, milk, soya, egg, tree nuts, peanuts, shellfish and/or fish and/or other allergens. We request our patrons who suffer from allergies to advise the waiting waiter and restaurant management at the point of ordering to ensure special precautions are taken during the food preparation.

(N) = New (V) = Vegetarian

www.vascos.co.za



MILKSHAKES

Chocolate milkshake	R45
Strawberry milkshake	R45
Vanilla milkshake	R45

WATER

Still or sparkling 500ml	R32
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SOFT DRINKS

MIXERS 200ML	
Coca-Cola, Coca-Cola no sugar	R29
Schweppes Soda, Indian Tonic, Pink Tonic, Pink Tonic no sugar	R27
Grapefruit Tonic, Ginger Ale, Dry Lemon	R27
Tonic no sugar, Lemonade, Lemonade no sugar	R60
Tomato Cocktail	R60

SOFT DRINKS (300ML)	
Coca-Cola, Coca-Cola no sugar, Sprite, Sprite no sugar, Fanta Orange, Stony Ginger Beer, Crime Soda and Spasberry	R29
Apfelsider/Red Grapefruit	R43
Iced Tea (peach or lemon)	R35

ENERGY DRINKS	
Red Bull	R43
Red Bull Watermelon	R43
Red Bull Sugar Free	R43



FRESH FRUIT JUICES

(PLEASE ASK FOR OUR SEASONAL SELECTION)	R45
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HOT BEVERAGES

Americano	R32
Cappuccino	R35
Café Latte	R35
Decaffeinated Coffee	R32
Espresso	R32
Tea	Single R22 Double R30

DIGESTIVE AND SPECIALITY COFFEES

Jameson Irish Coffee	Single R65 Double R125
Kahlua Diem Pedro	Single R52 Double R70
Dalla Cja (Grappa)	R65
Underberg	R65
Jägermeister	R38

ALCOHOLIC DRINKS ARE NOT SOLD TO PERSONS UNDER THE AGE OF 18

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WELCOME TO VASCO DA GAMA TAVERNA

Colloquially known as 'The Portuguese Embassy', Vasco Da Gama Tavern is home to a small group of old favourite drinking holes in Cape Town, dating back to the early 70's. Originally established to quench the thirst of visiting (and generally boisterous) sailors, Vasco was infamous for its 'Men Only' policy - a rule that only changed in 2000!

Built with rocks retrieved from the old quarry (now known as Strand Street), the 1860 iconic landmark with opaque yellow stipple glass and black tiled flooring has clung to its historical roots despite the spread of new developments. Now nestled in the fast-growing trendy district of Green Point, Vasco remains a favourite escape amongst locals and new comers alike.



NOTHING
FRESHER